

AB È A D



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C : - Y : C , a  
S : a , O , a . 1 , P M  
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Program

Sleep

Eric Whitacre  
(living)

Hayden Brown, Nadia Candelaria, Nolan Haupt, Isaiah Jackson,  
Shannon Lockwood, Ian Rivera-Rosario, Maria Ruiz-Guzman, and  
Elijah Richardson

Largo from Sonata, Op. 65

Frédéric Chopin  
(1810-1849)

Ian Rivera-Rosario

e Swan

Camille Saint-Saëns  
(1835-1921)

Elijah Richardson

Méditation hébraïque, B. 55

Ernest Bloch  
(1880-1959)

Maria Ruiz-Guzman

Cradle Song, H. 96

Frank Bridge  
(1879-1941)

Hayden Brown

Lullaby

George Gershwin  
(1898-1937)  
arr. Craig Allister Young

Nadia Candelaria, Nolan Haupt, Ian Rivera-Rosario,  
Maria Ruiz-Guzman, and Elijah Richardson

Berceuse

Amy Beach  
(1867-1944)

Isaiah Jackson

## P o l a N o

In his book, *The Mozart Effect: Tapping the Power of Music to Heal the Body, Strengthen the Mind, and Unlock the Creative Spirit*, Don Campbell writes, "To enter into the initiation of sound, of vibration and mindfulness, is to take a giant step toward consciously knowing the soul. There are hundreds of accurate models for this great journey inward. Each requires belief and discipline as well as the will to allow the inner and outer worlds to relate. Listening, learning, study, and practice are important tools. But we need the courage to enter into ourselves with the great respect and mystery that combines the faith of a child, the abandon of a mystic, and the true wisdom of an old shaman." Music has the power to help us better understand ourselves, if we have the courage Campbell mentions. The cello is the perfect voice for discovering meditative dimensions with its immense range and variety of color and sonority.

The pieces on tonight's program use the cello as a vehicle to explore how music can transport us to the many realms of mental being. Transcending into the spiritual realm, Bloch's *Méditation hébraïque*





